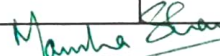


GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE, GOPALPUR (L,dh)

TIME TABLE OF BAMS IIIrd PROF , BATCH: 2021-22 W.E.F 01.05.2026

9:00--9:50	9:50--10:40	10:40--11:30	11:30--12:20	12.20--1:10	1:10--1:20	1:20-2:00	2:00 - 2:50	2:50--4:00
<u>SHALAYA TANTRA</u>	<u>PANCHKARMA</u>	<u>SHALAKYA TANTRA</u>	<u>PRASUTI TANTRA</u>	<u>SHALAYA TANTRA</u>	<u>BREAK</u>	<u>KAUMARBHRI ITYA</u>	<u>PANCHKARMA A</u>	<u>KAYACHIKITS A</u>
1-3 (LH) Dr.Manpreet (R) <u>KAYACHIKIT SA</u>	1--2 (LH) 3 (NLH) Dr Sakshi (L) <u>SAMHITA ADHYAYAN</u>	1--2 (LH) Dr. Elsy (P) <u>KAUMARBHRI TYA</u>	1--2 (LH) 3 (NLH) Dr. Akshita (L)	1--2 (NLH) Dr. Nikhil (L) <u>SHALAKYA TANTRA</u>		Clinical Posting (NLHP)		
4-5 (LH) Dr.Gauhar (P) <u>EMERGENCY</u>	4(LH) 5--6 (NLH) Dr.Pranay (L)	3--4 (LH) 5--6 (NLH) Dr Akhileshwar (P) Dr Sahil Kumar (L)	4 (NLH) Dr. Arshpreet (P) <u>PANCHKARMA</u>	3 (NLH) Dr Nivedita (L) <u>KAYACHIKIT SA</u>		1--3 (A) 4--6 (B) Dr Sahil Kumar (L) <u>PRASUTI TANTRA</u>	1-3 (B) 4--6(A) Dr Priyadarshni (R) Dr Sakshi (L) <u>SHALAKYA TANTRA</u>	1--3 (A) 4--6 (B) Dr Mohit (L) Dr Shalini (L) <u>SHALAYA TANTRA</u>
6 (NLP) Dr. Shalini (L)			5 (NLH) Dr.Priyadarshini (R) <u>SHALAKYA TANTRA</u>	4--5 (NLH) 6 (LH) Dr Nidhi (R) Dr Shalini (L)		1-3 (B) 4--6(A) Dr.Ekta (L) Dr Akshita (L)	1--3 (A) 4--6 (B) Dr . Manisha (L) Dr Nivedita (L)	1--3 (B) 4--6 (A) Dr Nikhil (L)

Library 11:30 to 12:20 2nd Wednesday (Dr.Akshita)
Physical Education 12:20 to 01:10 3rd Friday (Dr. Shalini)
Extra Criculum 09:50 to 10:40 4th Saturday (Dr. Pranay)


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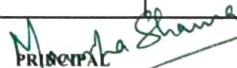
TIME TABLE OF BAMS IIIrd PROF, BATCH: 2022-23 W.E.F 01.05.2026

9:00 -- 09.50	9.50--10.40	10:40--11:30	11.30-12:20	12:20--1:10	1:10--1:20	01:20-2:30	2.30--3.10	3:10--4:00
<u>SHALAKYA TANTRA</u>	<u>SHALAYA TANTRA</u>	<u>KAYA CHIKITSA</u>	<u>PANCH KARMA</u>	<u>PANCH KARMA</u>	<u>BREAK</u>	<u>SHALAYA TANTRA</u>	<u>KUMAR BHRITYA</u>	<u>SAMHITA ADHYAYAYN</u>
1--2(LH)	1--3 (LH)	1--2(NLH)	1--2 (LH) 3 (NLH)	1--3 (A) 4--6 (B)		1--3 (B) 4--6(A)	1--3 (A) 4--6 (B)	1--2(NLH)
Dr. Nivedita (L)	Dr. Manpreet (R)	Dr Mohit (L)	Dr Sakshi (L)	Dr Priyadarshni (R)		Dr Manpreet (R)	Dr. Akhileshwar (P)	Dr Pranay (L)
<u>KUMAR BHRITYA</u>	<u>KAYA CHIKITSA</u>	<u>SHALAKYA TANTRA</u>	4(NLH)	Dr Sakshi (L)		Dr Nikhil (L)	Dr.Sahil Kumar (L)	<u>PRASUTI TANTRA</u>
3--4 (LH)	4--6 (LH)	3--4 (NLH)	Dr Priyadarshni (R)	<u>SHALAKYA TANTRA</u>		<u>KAYA CHIKITSA</u>	<u>PRASUTI TANTRA</u>	3--4 (LH)
5--6 (NLH)	Dr.Gauhar (P)	Dr Manisha (L)	<u>SAMHITA ADHYAYAYN</u>	1--3 (B) 4--6(A)		1--3 (A) 4--6 (B)	1--3 (B) 4--6(A)	5--6 (NLH)
Dr.Sahil Kumar (L)	Dr. Nidhi (R)	Dr Nivedita (L)	5 (LH) Dr Pranay (L)	Dr Elsy (P)		Dr. Nidhi (R)	Dr Arshpreet (P)	Dr Ekta (L) Dr Akshita (L)
		<u>SHALAYA TANTRA</u>	<u>EMERGENCY</u>	Dr Manisha (L)				
		5--6 (NLH) Dr Nikhil (L)	6 (NLP) Dr. Shalini (L)					

Extra Criculum 10.40 to 11:30 3rd Saturday (Dr. Nikhil)

Library 03:10 to 04:00 4th Saturday (Dr.Ekta)

Physical Education 10:40 to 11:30 third Wednesday (Dr.Nivedita)


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GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE, GOPALPUR (Ldh)

TIME TABLE OF BAMS Ind PROF, BATCH: 2023-24 W.E.F 01.05.2026

9:00 -- 10:00	10:00 -- 10:50	10:50--11:30	11:30--12:10	12:10--12:50	12:50 -- 1:30	1:30--2:00	2:00--3:10	3:10--4:00
<u>DRAVYA GUNA</u> GROUP-A 1--3 (NLHP)	<u>AGAD TANTRA</u> 1--2 (LH)	<u>DRAVYA GUNA</u> 1--3 (LH)	<u>RAS SHASTRA</u> 1--3(LH)	<u>ROG NIDAN</u> 1--4 (LH)	<u>SWASTH VRITTA</u> 1--3 (LH)	<u>BREAK</u>	<u>ROG NIDAN</u> GROUP-A 1--3 (NLHP)	<u>AGAD TANTRA</u> 1--3 (NLHP)
GROUP-B 4 --6(NLHP)	3(NLH)	Dr. Ashwani Upadhye (P)	Dr. Gursharan (R)	5--6 (NLH)	Dr. Pooja (L)	.	GROUP-B 4--6 (NLHP)	Dr. Jaram (P)
Dr. Ashwani Upadhye (P)	Dr. Jaram Singh (P)	4 (LH)	4 (LH)	Dr. Manisha Sharma (P)	4 (LH)		Dr. Md Sameer (L)	<u>CHARAK</u>
Dr. Kaliash Rana (L)	<u>CHARAK</u>	5--6 (NLH)	5--6 (NLH)	Dr. Md Sameer (L)	5--6 (NLH)		Dr. Iqbal Singh (L)	4--6 (NLH)
<u>SWASTH VRITTA</u>	4--5 (LH)	Dr. Kaliash Rana (L)	Dr. Sahil Pathania (L)		Dr. Prashant (P)		<u>RAS SHASTRA</u>	Dr. Pranay (L)
GROUP-B 1--3 (NLHP)	Dr. Niharika (R)				Dr. Ankita (L)		GROUP-B 1--3 (NLHP)	
Dr. Prashant (P)							GROUP-A 4--6 (NLHP)	
Dr. Pooja (L)							Dr. Gursharan (R)	
GROUP-A 4--6 (NLHP)							Dr. Sahil Pathania (L)	
Dr. Ankita (L)								

Library 10:00 to 10:50 Saturday (Dr. Prashant)

Physical Education 10:50 to 11:30 3rd Friday (Dr. Kailash Rana)

Extra Criculum 12:50 to 01:30 4th Friday (Dr. Ankita)

Manisha Sharma
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GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE, GOPALPUR (Ldh)

TIME TABLE OF BAMS IInd PROF. BATCH: 2024-25 W.E.F 01.05.2026

9:00 -- 10:10	10:10 -- 10:50	10:50--11:30	11:30--12:10	12:10--1:00	1:00-- 1:30	1:30--2:10	2:10--3:00	3:00--4:00
<u>ROG NIDAN</u>	<u>CHARAK</u>	<u>ROG NIDAN</u>	<u>SWASTH VRITTA</u>	<u>AGAD TANTRA</u>	<u>BREAK</u>	<u>DRAVYA GUNA</u>	<u>RAS SHASTRA</u>	<u>DRAVYA GUNA</u>
GROUP-A 1--3 (NLHP)	1--3(LH)	1--4 (LH)	1--3 (LH)	GROUP-A 1--3 (NLHP)		1--3(LH)	1(LH)	GROUP-A 1--3 (NLHP)
GROUP-B 4--6 (NLHP)	Dr.Jyoti Sharda (P)	5--6 (NLH)	Dr.Pooja (L)	GROUP-B 4--6 (NLHP)		4 (LH)	2--3 (NLH)	GROUP-B 4 -- 6(NLHP)
Dr.Md Sameer (L)	Dr.Pranay (L)	Dr.Manisha Sharma (P)	4 (LH)	Dr. Jaram Singh (P)		5--6 (NLH)	Dr.Sahil Pathania (L)	Dr. Ashwani Upadhyaya (P)
Dr. Iqbal Singh (L)	<u>RAS SHASTRA</u>	Dr.Md Sameer (L)	5--6 (NLH)	<u>CHARAK</u>		Dr. Ashwani Upadhyaya (P)	<u>AGAD TANTRA</u>	Dr. Kaliash Rana (L)
<u>RAS SHASTRA</u>	4--6 (LH)		Dr. Prashant (P)	GROUP-B 1--3 (NLH)		Dr. Kaliash Rana (L)	4--5 (LH)	<u>SWASTH VRITTA</u>
GROUP-B 1--3 (NLHP)	Dr.Gursharan (R)		Dr.Ankita (L)	GROUP-A 4--6 (NLH)			6 (NLH)	GROUP-B 1--3 (NLHP)
Dr. Gursharan (R)				Dr.Niharika (R)			Dr.Jaram (P)	Dr.Pooja (L)
GROUP-A 4--6 (NLHP)				Dr.Pranay (L)				GROUP-A 4--6 (NLHP)
Dr.Sahil Pathania (L)								Dr.Ankita (L)

Library 10:10 to 10:50 3rd Wednesday (Dr.Pranay)

Physical Education 1:30 to 2:10 4th Saturday (Dr. Kailash Rana)

Extra Criculum 11:30 to 12:10 3rd Friday (Dr. Ankita)

Manisha Sharma
PRINCIPAL

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GURU NANAK AYURVEDIC MEDICAL COLLEGE & RESEARCH INSTITUTE, GOPALPUR (Ldh)
TIME TABLE OF BAMS 1st Prof NEW, BATCH: 2025-26 W.E.F 01.05.2026

09:00 - 10:00	10:00-11:00	11:00--12:00	12:00-1:00	1:00-1:40	1:40-2:40	2:40--4:00
<u>PADARTH VIGYAN</u>	<u>KRIYA SHARIR</u>	<u>RACHNA SHARIR</u>	<u>SANSKRIT EVUM -AI</u>	<u>BREAK</u>	<u>SAMHITTA ADHYAYAN-1</u>	<u>RACHNA SHARIR</u>
1--2 (LH)	1--3(LH)	1--4 (LH)	1--2 (LH)		1--3(LH)	GROUP-A 1--3 (NLHP)
3(NLH)	4 (NLH)	5--6(NLH)	3-5(NLH)		4--6(NLH)	GROUP-B 4--6 (NLHP)
Dr.Pranay (L)	Dr. Ashwani Sharda (P)	Dr.Dimple (R)	6(NLP)		Dr.Jyoti sharda (P)	Dr.Dimple (R)
4--5 (NLH)	Dr Ashwani (L)	Dr Sandeep (L)	Dr.Sandesh (P)		Dr. Niharika (R)	Dr Sandeep (L)
Dr. Niharika (R)	<u>SAMHITTA ADHYAYAN</u> 5--6 (NLH)		Dr Arshpreet (P)		Dr.Pranay (L)	<u>KRIYA SHARIR</u>
	Dr.Jyoti sharda (P)					GROUP-A 4--6 (NLHP)
						GROUP-B 1--3 (NLHP)
						Dr. Ashwani Sharda (P)
						Dr Ashwani (L)

Copy to---

Library 9:00 to 10:00 Saturday (Dr.Arshpreet)

Physical Education 10:00 to 11:00 4th Saturday (Dr. Jyoti sharda)

Extra Criculum 1:40 to 02:40 3rd Wednesday (Dr Pranay)


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